

| HEATWAVE | | | | | | | |
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| HAZARD/ACTIVITY | PERSONS AT RISK | RISK | CONTROL MEASURES IN USE | RESIDUAL RISK RATING H/M/L | FURTHER ACTION REQUIRED | | |
| | | | | | Yes | No* | |
| Ventilation | Staff Pupils | Heat exhaustion Smoke/fire spreading Slamming doors | Keep rooms ventilated by opening windows, using fans and if installed, air conditioning. If opening doors, ensure appropriate door stops (wedges) are used and doors are closed when rooms are vacated. Fire exit doors from classrooms etc. May require to be propped open, ensure these do not create an obstruction if having to vacate the classrooms in the event of an emergency Ensure no wind tunnels are created | LOW Completed | | ¥ | |
| Indoor activities | Staff Pupils | Heat exhaustion Heat stroke Dehydration | Close curtains/blinds on windows which are facing the sun. Staff and pupils to wear light weight clothing/uniform. Water readily available and water bottles replenished as often as needed. Regular breaks and pupils reminded to drink. Air Conditioning on in hall for lunch times and worship. | LOW Completed | | ~ | |



St Cuthbert with St Matthias CE School – Risk Assessment Weather warning – RED

| Outdoor activities | Staff Pupils | Heat exhaustion Heat stroke Dehydration Sunburn | Activities and events outdoors to take place before 11am and after 3:30pm when possible. Encourage pupils to use shaded areas during playtimes or lesson times as well as indoor cooler areas. Alternative PE lesson indoors. Cancel offsite visits and inform staff and parents. No after school clubs. Ensure water bottles are fully replenished before going outside and are easily accessible. Sunscreen has been applied before pupils start school and parents to do this before school. Pupils to bring in sunhats and wear those during playtimes. Staff to check metal/dark surfaces before being used by pupils and restrict play if they are too hot. Children to be dismissed from lobby area at end of day and from under awnings if temperatures are high at home time. | LOW Complete | ✓ |
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| School uniform | Pupils | Heat exhaustion Heat stroke | Summer uniform: no ties, shorts (school or PE), summer dresses, short sleeved shirts, peak caps on both days and this has been communicated to parents via email and text message. | LOW website updated with this RA - Complete | ✓ |



St Cuthbert with St Matthias CE School – Risk Assessment Weather warning – RED

| Severe heat | Staff Pupils | Heat exhaustion Heat stroke | Staff to be aware of the signs of heat exhaustion: headaches, dizziness, confusion, loss of appetite, nausea, excessive sweating, pale clammy skin, cramps in limbs and stomach, and pupils becoming floppy and sleepy. If someone is showing these symptoms: Move them to a cool place. Get them to lie down and raise their feet slightly. Get them to drink plenty of water or rehydration drinks. Cool their skin by using a spray or sponge with cool water. Use a fan, cold packs may also be used around the armpits and neck too (ensure these are in date and not left on the skin too long). Ensure a member of staff stays with them until they feel better, this should take no longer than 30 minutes. If their symptoms do not improve after 30 minutes, their temperature goes above 40°C, they lose consciousness or are unresponsive, call emergency services as this could signify they have heatstroke. | LOW Staff Informed with Heatwave Advice document – Complete First Aiders and SLT specifically informed on any updated medical information | | ✓ |
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