



Monday	Tuesday	Wednesday	Thursday	Friday
Wake up, brush teeth, get dressed and have breakfast	Wake up, brush teeth, get dressed and have breakfast	Wake up, brush teeth, get dressed and have breakfast	Wake up, brush teeth, get dressed and have breakfast	Wake up, brush teeth, get dressed and have breakfast
Registration- Telephone Call	Registration- Telephone Call	Registration- Telephone Call	Registration- Telephone Call	Registration- Telephone Call
<p>PE</p> <p>PE with Joe! Link below:</p> <p>https://www.youtube.com/watch?v=tSi2ix1i180&t=4s</p> <p>Watch the video with your child and encourage them to join in with the simple exercises.</p>	<p>PE</p> <p>PE with Joe! Link below:</p> <p>https://www.youtube.com/watch?v=H5Gmlq4Zdns</p> <p>Watch the video with your child and encourage them to join in with the simple exercises.</p>	<p>PE</p> <p>Pe with Joe!</p> <p>Link below: Link below</p> <p>https://www.youtube.com/watch?v=sX05HHni9Wk</p> <p>Watch the video with your child and encourage them to join in with the simple exercises.</p>	<p>PE</p> <p>Calm down yoga poses – an enlarged version of this sheet can be found at the bottom of the plan.</p> 	<p>PE</p> <p>Calm down yoga poses – an enlarged version of this sheet can be found at the bottom of the plan.</p> 
<p>Phonics</p> <p>Flash card game – review previous sounds a – o.</p> <p>Introduce new sound ‘p’ - ask your child can you think of some words that begin with ‘p’?</p> <p>Play ‘p’ word game. Which of these words begins with ‘p’ – ask you child to circle the words that begin with ‘p’. Can your child decode the words with the help of the pictures? (Use sheet provided).</p> <p>Introduce the first two tricky words from phase 2 phonics – ‘l’ and ‘no’. Use flash cards provided to help your child remember them.</p>	<p>Phonics</p> <p>Flash card game – review previous sounds a – o.</p> <p>Recap new sound ‘p’ -</p> <p>Letter formation activity – writing the letter ‘p’</p> <p>Children to complete the worksheet provided.</p> <p>Recap the first two tricky words from phase 2 phonics – ‘l’ and ‘no’. Use</p>	<p>Phonics</p> <p>Flash card game – review previous sounds a – o.</p> <p>Recap new sound ‘p’</p> <p>Matching word/picture game – help your child sound out the different ‘p’ words, can your child find the picture to match the word?</p> <p>Challenge! Can your child have a go at writing these words themselves?</p>	<p>Phonics</p> <p>Flash card game – review previous sounds a – o.</p> <p>Recap new sound ‘p’</p> <p>Word building game – what are the different objects you can see? Sound out the words with your child and see if they can write the sounds in the spaces provided on the worksheets.</p> <p>Recap the first two tricky words from phase 2 phonics – ‘l’ and ‘no’. Use flash cards provided to help your</p>	<p>Phonics</p> <p>Flash card game – review previous sounds a – o.</p> <p>Recap new sound ‘p’</p> <p>Recap the first two tricky words from phase 2 phonics – ‘l’ and ‘no’. Use flash cards provided to help your child remember them.</p> <p>Make an ‘p’ poster! Write your letter ‘p’ in fun, bright colors. Can your child think of words that begin with ‘p’ Draw pictures of these things around your</p>

	flash cards provided to help your child remember them.	Use sheets provided. Recap the first two tricky words from phase 2 phonics – 'l' and 'no'. Use flash cards provided to help your child remember them.	child remember them.	writing? Challenge! Can your child have a go at writing the words next to the pictures?
Break	Break	Break	Break	Break
Maths Number warm up – use your number flash cards to test your child's number recognition. Can they recognize the numbers when showed them in a random order? Shape Space and Measure. Counting sides! Recap the shapes that we you learned last week. (Circle square triangle and rectangle). Can your child count the sides on each shape? Use the worksheet provided.	Maths Number warm up – use your number flash cards to test your child's number recognition. Can they recognize the numbers when showed them in a random order? Shape Space and Measure. Counting corners! Recap the shapes that we you learned last week. (Circle square triangle and rectangle). Can your child count the corners on each shape? Use the worksheet provided.	Maths Number warm up – use your number flash cards to test your child's number recognition. Can they recognize the numbers when showed them in a random order? Extend – can your child write the numbers on a piece of paper as you show them the flash cards? Making a repeating pattern out of 2 shapes, Can you child name the shapes in the repeating pattern? What would come next in the repeating pattern? Can they continue the pattern?	Maths Number warm up – use your number flash cards to test your child's number recognition. Can they recognize the numbers when showed them in a random order? Extend – can your child write the numbers on a piece of paper as you show them the flash cards? Making a repeating pattern out of 3 shapes, Can you child name the shapes in the repeating pattern? What would come next in the repeating pattern? Can they continue the pattern?	Maths Number warm up – use your number flash cards to test your child's number recognition. Can they recognize the numbers when showed them in a random order? Extend – can your child write the numbers on a piece of paper as you show them the flash cards? Pizza coloring activity – can you color in the different shapes the correct color?

Lunch

Music project	Music project	Science project	Science project	Art project
Making your own musical instrument – please see attached sheet to read about this in more detail	Making your own musical instrument – please see attached sheet to read about this in more detail	Use worksheet provided to teach your child about the different parts of the flower; (petal, stem and leaf) can they remember the new vocabulary? Cut and stick the words onto your picture to label each part of the flower.	Go outside on a nature walk – can you find a flower. Take a close look at the flower. What are the different parts you can see? Can your child draw a picture of the flower using different color pencils.	The children's topic this term is 'People who help us' They have been learning about the different people who help them. Can your child make a junk model stethoscope (that a doctor uses)? See attached sheet for more detail

break

Reading with adults- use your 1:1 reading books and any books that you have at home.	Reading with adults- use your 1:1 reading books and any books that you have at home.	Reading with adults- use your 1:1 reading books and any books that you have at home.	Reading with adults- use your 1:1 reading books and any books that you have at home.	Reading with adults- use your 1:1 reading books and any books that you have at home.
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Additional links:

<p>Phonics: Letters and Sounds song https://www.youtube.com/watch?v=BELIZKpi1Zs https://www.bbc.co.uk/cbeebies/puzzles/coin-counting-quiz</p> <p>Reading: Oxford Owl: https://www.oxfordowl.co.uk/ Free online reading books and activities for children to read at home. Audible – https://stories.audible.com/start-listen (Children’s books free to stream on a desktop, laptop, phone or tablet) Book Trust – https://www.booktrust.org.uk/books-and-reading/have-some-fun/storybooks-and-games/ Ceebeebies bedtime stories: https://www.bbc.co.uk/iplayer/episode/m000r68w/cbeebies-bedtime-stories-771-mr-tumble-the-gingerbread-man</p>	<p>Maths: https://www.bbc.co.uk/cbeebies/puzzles/numberblocks-number-magic-quiz-level-3 https://www.bbc.co.uk/cbeebies/watch/number-songs-from-numberblocks https://www.bbc.co.uk/cbeebies/puzzles/coin-counting-quiz</p> <p>Home Fun Activities: Cooking with Jamie Oliver - https://www.jamieoliver.com/features/category/get-kids-cooking/ Music with Myleene Klass – https://www.youtube.com/channel/UCQh2wgJ5tOrixYBn6jFXsXQ Dance with Darcey Bussel - https://twitter.com/diversedancemix/status/1241098264373592065</p>
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GARDEN YOGA FOR KIDS



Pretend to be a tree

Tree Pose: Stand on one leg. Bend the other knee and place the sole of your foot on your inner thigh. Sway like a tree in the breeze. Now the other side.



Pretend to be a frog

Squat Pose: Come down to a squat with your knees apart and arms resting between your knees. Touch your hands to the ground. Jump like a frog.



Pretend to be a seed

Child's Pose: Sit back on your heels and bring your forehead down to rest on the floor. Pretend to be a seed in the garden.



Pretend to be a butterfly

Cobbler's Pose: Sit on your buttocks with a tall spine. Bend your legs with the soles of your feet together. Flap your legs like the wings of a butterfly.



Pretend to be a flower

Flower Pose: Lift your bent legs, balancing on your sitting bones. Weave your arms under your legs, palms up. Pretend to be a flower in bloom.



printable yoga poster