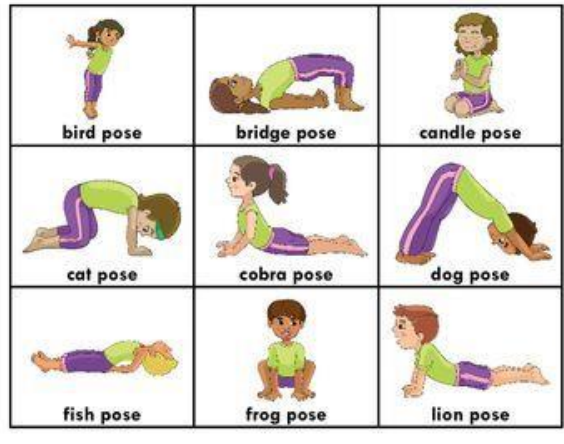
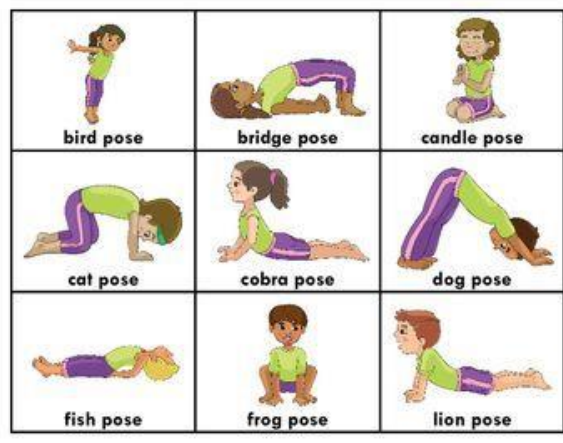
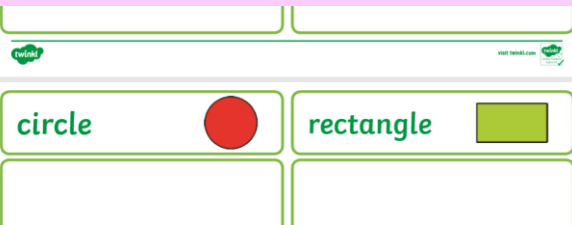
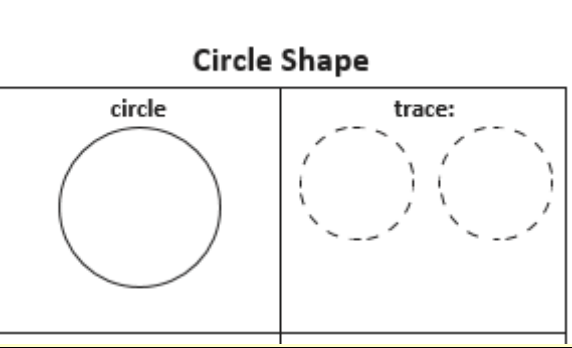
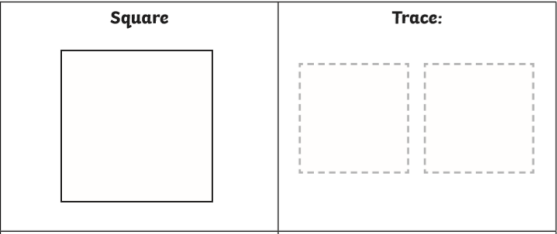
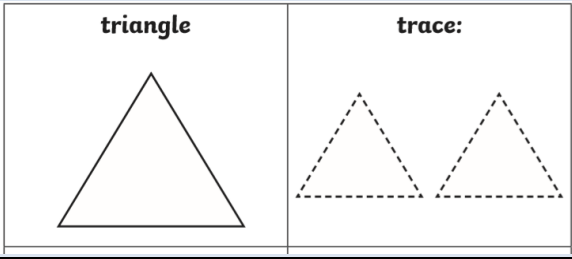
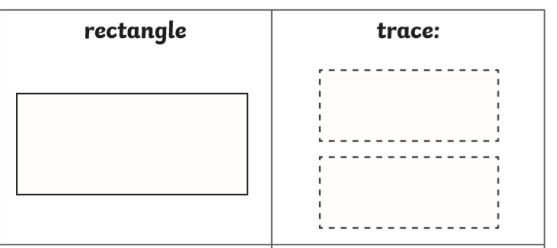




St Cuthbert with St Matthias
Year Nursery Remote Learning Timetable – Week Beginning 18th January 2021



Monday	Tuesday	Wednesday	Thursday	Friday
Wake up, brush teeth, get dressed and have breakfast	Wake up, brush teeth, get dressed and have breakfast	Wake up, brush teeth, get dressed and have breakfast	Wake up, brush teeth, get dressed and have breakfast	Wake up, brush teeth, get dressed and have breakfast
Registration- Telephone Call	Registration- Telephone Call	Registration- Telephone Call	Registration- Telephone Call	Registration- Telephone Call
<p>PE Kids yoga! Follow the yoga poses on this list below: (for enlarged version see last page of planning).</p> 	<p>PE PE Kids yoga! Follow the yoga poses on this list below: (for enlarged version see last page of planning).</p> 	<p>PE Cosmic Yoga video! (link below) https://www.youtube.com/watch?v=8cLWrEOxWHc</p>	<p>PE We're going on a bear hunt – cosmic yoga video (link below) https://www.youtube.com/watch?v=KAT5NiWHFIU</p>	<p>PE Alice in wonderland – cosmic yoga video (link below) https://www.youtube.com/watch?v=u8sEfRXRuAw</p>
<p>Phonics Flash card game – can you child recognize letters / pronounce sounds a -o? Spend time reviewing the previous sounds before introducing new sound 'o' (Use flash cards provided).</p> <p>'o' word game – can your child circle the sound 'o' in the different words provided</p>	<p>Phonics Flash card game – can you child recognize letters / pronounce sounds a -o? Spend time reviewing the previous sounds before introducing new sound 'o' (Use flash cards provided).</p> <p>Letter formation activity – writing the letter 'o' Children to complete the worksheet provided.</p>	<p>Phonics Flash card game – can you child recognize letters / pronounce sounds a -o? Spend time reviewing the previous sounds before introducing new sound 'o' (Use flash cards provided).</p> <p>Matching word/picture game – help your child sound out the words, can your child find the picture to match the word?</p> <p>Challenge! Can your child have a go at writing these words?</p>	<p>Phonics Flash card game – can you child recognize letters / pronounce sounds a -o? Spend time reviewing the previous sounds before introducing new sound 'o' (Use flash cards provided).</p> <p>Word building game – what are the different objects you can see? Pot, pig, pat, pin – sound out the words with your child and see if they can write the sounds in the spaces provided on the worksheet.</p>	<p>Phonics Flash card game – can you child recognize letters / pronounce sounds a -o? Spend time reviewing the previous sounds before introducing new sound 'o' (Use flash cards provided).</p> <p>Make an 'o' poster! Can your child make a letter 'O' poster as seen below: Write your letter 'o' in fun, bright colors. Can your child think of words that begin with 'o' Draw pictures of these things around your writing?</p> <p>Challenge! Can your child have a go at</p>

				writing the words next to the pictures?
Break	Break	Break	Break	Break
<p>Maths Number flash card game! Lay your number flash cards out on the floor. Ask your child to stand on different numbers. (Make this challenge trickier by calling out the numbers in a random order.)</p> <p>Space Shape and Measure! Show your child the pictures of different shapes – which ones do they know?</p> <p>Today we are learning about the circle – trace the circle – how many sides does it have (1) – what can you see that is a circle shape?</p> <p>Complete circle worksheet</p>	<p>Maths Number flash card game! Lay your number flash cards out on the floor. As your child to stand on different numbers. (Make this challenge trickier by calling out the numbers in a random order.)</p> <p>Space Shape and Measure! Show your child the pictures of different shapes – which ones do they know?</p> <p>Today we are learning about the square– trace the square – how many sides does it have – what can you see that is a square shape?</p> <p>Complete square worksheet</p>	<p>Maths Number flash card game! Lay your number flash cards out on the floor. As your child to stand on different numbers. (Make this challenge trickier by calling out the numbers in a random order.)</p> <p>Today we are learning about the triangle – trace the triangle– how many sides does it have – what can you see that is a triangle shape?</p> <p>Complete triangle worksheet</p>	<p>Maths Sing shape song (link below): https://www.youtube.com/watch?v=WTeqUejf3D0</p> <p>Space Shape and Measure! Show your child the pictures of different shapes – which ones do they know?</p> <p>Today we are learning about the triangle – trace the rectangle – how many sides does it have – what can you see that is a rectangle shape?</p> <p>Complete rectangle worksheet</p>	<p>Maths Sing shape song (link below): https://www.youtube.com/watch?v=WTeqUejf3D0</p> <p>Shape sorting activity – can you cut out the pictures and sort them into the correct boxes?</p> 
<p>Circle Shape</p> 	<p>Square Shape</p> 	<p>triangle</p> 	<p>Rectangle Shape</p> 	

Lunch

<p>People who help us.</p> <p>Doctors.</p> <p>What things does a doctor need to help us? Can you name any of the different things on the sheet provided?</p>	<p>People who help us.</p> <p>Teachers</p> <p>What things does a teacher need to help us? Can you name any of the different</p>	<p>RE</p> <p>Epiphany – can you remember the story of the Epiphany – Use the sheet provided to help your child retell the story of epiphany.</p>	<p>RE</p> <p>Can you make your own epiphany crown – use the resources provided if they are helpful!</p>	<p>Art</p> <p>Make a shape mosaic – cut and stick the shapes the make a picture of your house. What shape will the roof be? What shape will the door be? This about the different shapes you are using.</p>
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	things on the sheet provided?			
<i>1.30 -2.15 break</i>				
Reading with adults- use your 1:1 reading books and any books that you have at home.	Reading with adults- use your 1:1 reading books and any books that you have at home.	Reading with adults- use your 1:1 reading books and any books that you have at home.	Reading with adults- use your 1:1 reading books and any books that you have at home.	Reading with adults- use your 1:1 reading books and any books that you have at home.

Additional links:

Phonics:

Letters and Sounds song <https://www.youtube.com/watch?v=BELIZKpi1Zs>

<https://www.bbc.co.uk/cbeebies/puzzles/coin-counting-quiz>

Reading:

Oxford Owl: <https://www.oxfordowl.co.uk/> Free online reading books and activities for children to read at home.

Audible – <https://stories.audible.com/start-listen> (Children's books free to stream on a desktop, laptop, phone or tablet)

Book Trust – <https://www.booktrust.org.uk/books-and-reading/have-some-fun/storybooks-and-games/>

Ceebeebies bedtime stories: <https://www.bbc.co.uk/iplayer/episode/m000r68w/cbeebies-bedtime-stories-771-mr-tumble-the-gingerbread-man>

Maths:

<https://www.bbc.co.uk/cbeebies/puzzles/numberblocks-number-magic-quiz-level-3>

<https://www.bbc.co.uk/cbeebies/watch/number-songs-from-numberblocks>

<https://www.bbc.co.uk/cbeebies/puzzles/coin-counting-quiz>

Home Fun Activities:

Cooking with Jamie Oliver - <https://www.jamieoliver.com/features/category/get-kids-cooking/>

Music with Myleene Klass – <https://www.youtube.com/channel/UCQh2wgJ5tOrixYBn6jFXsXQ>

Dance with Darcey Bussel - <https://twitter.com/diversedancemix/status/1241098264373592065>



Some helpful mindfulness links for parents:

<https://www.nhs.uk/oneyou/every-mind-matters/>

<https://covid.minded.org.uk/>

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/876989/Easy_read_looking_after_your_feelings_and_body.pdf