

Dear Parents and Carers

Whilst we have no confirmed cases of Covid 19 we know some families are worried about symptoms their child is showing.

Many of these will be day to day childhood illnesses that occur at the start of a new term and should pass quickly.

However, we wanted to remind families of current government advice below. Please take time to read the whole email and please call if you have any questions.

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

The **main symptoms of Covid-19** are a temperature, a new and continuous cough and/or a loss of taste or smell



**High temperature or fever** – this means you feel hot to touch on your chest or back (a temperature of 38 degrees or above)

**New, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

**Loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least one of these symptoms but will not always have all of them.

Adults and children exhibiting one or more of the above symptoms of Covid-19 or those advised by their clinician should get a test. If there is a confirmed case, and the pod has closed we do not advise the entire pod to get tested. We do not require pupils to provide evidence of a negative test before letting them back into school.

#### **Advice if your child has symptoms:**

If your child has any of the main symptoms of coronavirus:

- Get a test to check if they have coronavirus as soon as possible.
- Stay at home and do not have visitors until you get the test result – only leave your home to have a test.
- Anyone you live with, and anyone in your support bubble, must also stay at home until you get the result.

Do not delay getting help if you're worried. Trust your instincts, if you're worried about your child or not sure what to do.

**Advice if you or a member of your family has symptoms:**

- if you have any of the main symptoms of coronavirus (COVID-19), get a test as soon as possible. Stay at home until you get the result
- stay at home and do not have visitors until you get your test result – only leave your home to have a test
- anyone you live with, and anyone in your support bubble, must also stay at home until you get your result

**Use NHS 111 service online:**

- For children aged 5 or over – use the **NHS 111** online coronavirus service.  
<https://111.nhs.uk/covid-19/>
- For children under 5 – call **111** or use the link below  
<https://111.nhs.uk/covid-19/>
- You're worried about your symptoms
- You're not sure what to do

**Use the NHS 119 service online if:**

- 119 (Coronavirus test booking)
- if your child seems very unwell, is getting worse or you think there's something seriously wrong, call 999

**Advice if your child is ill but not showing any of the symptoms stated for Covid-19:**

If your child is ill but does not show any of the symptoms stated for Covid, please keep them at home as you would usually and allow them to return to school when they feel better. Please keep the school office updated daily.

**Thank you**

Thank you to families for following these procedures and testing when needed. This will keep everyone safe. We appreciate that it has been difficult to book tests at test sites or to order them to be sent home, but the advice we have been given is to keep trying! Apparently they are 're-booting sites' every 2-3 hours so it is worth refreshing your browser and trying to book regularly.

Thank you also to parents for being vigilant and supportive by following school procedures and social distancing when outside. This will be even more important as term progresses.

Best wishes,

*Miss Putterill*

Headteacher