

## Lower Treginnis DAY 7

Dear parents,

Today we woke up with a big smile on our faces because it was our last day, but some of us wanted to stay for even longer (like me and Anaheed). We got our wet, drenched and muddy waterproofs on. It was horrible but we were soon distracted by our farm tasks.

In group A we went to the sheep and lambs; we got to hold the little, adorable and heart-warming lambs. We also got to feed rams that were probably starving out in the bitterly cold field. We put the food in the six troughs that were provided in the luscious, green field.

Then, we had our breakfast, which was a dollop of wholesome, crunchy granola with fresh fruit, cinnamon and yoghurt (or you could have toast and cereal). We had a few moments to play a few games. Before we knew it, it was time to get our waterproofs back on to go to the farm to do the duties we were given.

Group B were meant to do pigs and poultry but there was a problem, so we had to deal with the boisterous goats. We had to clean their poop, which was a bit gruesome; we also had to put hay in a bag and feed it to the horses and donkeys. Group B had to also store some hay in the shed. While this was going on, group A got to walk the four donkeys in residence through the fields. We showed resilience by walking in the rain.

After an early lunch we set off for the beach. It was a coastal walk that took about fifteen minutes; we had to tread carefully up narrow, rocky paths which had been infiltrated with mud from all of the rain! So, we walked in single file for our safety. When we reached the beach, it was all worth it. We foraged in the many rock pools and collected crabs, sand worms, clams and fish while some of us frolicked in the sub-zero Celtic sea. There was a lot of wringing of socks going on, but we didn't mind because it was so much fun!

We raced into the showers when we arrived back at the cottage and settled down for some evening games. This evening, we enjoyed delicious lamb curry followed by ice cream. After dinner, we sat in the quiet room and reflected on our favourite moments of the Wales adventure. Then, Dan arrived and led our presentations. Everyone received a certificate for a special quality that had been noticed by the teachers and farm staff throughout the week, and the farmers of the week were also announced (Elizabeth and Lucas). Finally, we all received a priceless badge to recognise all of our hard work throughout the week on Treginnis Farm.

What can we say? It has been truly unforgettable. That said, we are excited to be reunited with our families tomorrow!

By Elizabeth and Anaheed