



Y6 PSHE overview 2021-22

PSHE Activity	Desired Skills	Approaches to Developing Skills	Desired Knowledge and Understanding	Approaches Developing Knowledge and Understanding	Curricula Materials	Assessed through (T1 T2 T3)		
						Listening	Debating	Reflecting
						Exploring	Evaluating	
Listening	<ul style="list-style-type: none"> To take it in turns when speaking To actively listen to classmate's contributions 	<ul style="list-style-type: none"> Class guidance Teacher led input Positive reinforcement 	<ul style="list-style-type: none"> To recognise their individuality and personal qualities, strengths and achievements and how these contribute to a sense of self-worth and mental health and wellbeing. To be able to take on more personal responsibility, managing setbacks and reframe unhelpful thinking. To have a range of problem-solving strategies and self-care techniques, including relaxation for dealing with emotions, challenges and change, including transition to new schools. To be able to recognise that they may experience conflicting emotions, and when they might need to listen to their emotions and find ways to overcome them. To understand the benefits of rationing time spent online and the impact of positive and negative content online on their own and others' mental and physical health and wellbeing. To have an understanding that our behaviour has an effect on others and ourselves (including online) and discriminatory behaviours are wrong. To have an understanding of the concept of prejudice; how to recognise behaviours/actions which discriminate against others; ways of responding to it if witnessed or experienced. To form an understanding of the people who are responsible for helping 	<ul style="list-style-type: none"> Class teacher led presentations Group work-writing/drawing school rules together Role playing and modelling kind play Class differentiated tasks Concrete resources available to support understanding Use of outdoors when suitable 	TERM1: Mental health and wellbeing Healthy Lifestyles Drug Education – Drugs, risks and the Media Conflict resolution Protected characteristics Celebration – supporting each other TERM2: Mental Health and Online Safety Moving on Family Dynamics Democracy and decisions Media literacy and digital resilience TERM3: Puberty and Relationships Sex Education Relationships Money and Me Aspirations, work and career	Most children will be able to... (working at)	Some children will not yet be able to...(working towards)	Some children are confidently able to... (exceeding)
Debating	<ul style="list-style-type: none"> To be able to actively listen to contributions and comment For children to be able to form their own opinion 	<ul style="list-style-type: none"> Class guidance Role play Partner work 						
Reflecting	<ul style="list-style-type: none"> To be able to think about similarities and differences between self and others To reflect on certain emotions and feelings 	<ul style="list-style-type: none"> Class activities Videos Social stories 						
Exploring	<ul style="list-style-type: none"> To be able to think of questions relating to a certain topic To recognise how their behaviour affects other people To be able to recognise and name different feelings 	<ul style="list-style-type: none"> Variety of visual stimulus Hands on activities Role Play Partner Work Group Work 						
Critically Evaluating	<ul style="list-style-type: none"> Critically evaluating choices and behaviour 	<ul style="list-style-type: none"> Observational opportunities to be part of each lesson 						
SMSC	<ul style="list-style-type: none"> Exploring different faiths and cultures Resolving conflicts should they arise Working with others from a variety of different religious, ethnic and socioeconomic backgrounds Use of imagination and creativity 	<ul style="list-style-type: none"> Plan in collaboration, teamwork, problem-solving and investigating opportunities Provide opportunities for children to research in pairs 						

			<p>them stay healthy and safe, ways that they can help these people, and how showing kindness to these people is a positive expression of thanks and celebration for them.</p>					
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