

## Y1 PSHE overview 2021-22

| PSHE                     | Desired Skills   | Approaches to   | Desired Knowledge and  | Approaches   | Curricula Materials   |  | Assessed through       | (T1 T2 T3)  |
|--------------------------|--|---|--|--|---|--|------------------------|---|
| Activity                 |  | Developing Skills   | Understanding  | Developing   |   | Listening                                  | Debating Refle         | cting   |
|                          |  |   |  | Knowledge and<br>Understanding   |   | Exploring                                  | Critically Evalua      | ting  |
| Listening                | To take it in turns when speaking  To actively listen to classmate's contributions  To be able to actively listen  | Class guidance Teacher led input Positive reinforcement   | <ul> <li>Knowledge of school rules and an understanding why we have them</li> <li>An understanding of similarities and differences amongst us and our peers</li> <li>An understanding that we treat everyone with kindness and respect regardless of the way they look</li> <li>An understanding of the difference between adults who help and friends</li> <li>An awareness of personal space and why it is important</li> <li>An awareness of pedestrian safety</li> </ul> | <ul> <li>Class teacher led presentations</li> <li>Group workwriting/drawing school rules together</li> <li>Role playing and modelling kind play</li> <li>Class differentiated tasks</li> <li>Concrete resources available to support understanding</li> <li>Use of outdoors when suitable</li> </ul> | <ul> <li>TERM1:</li> <li>Awareness of Feelings</li> <li>All About Me</li> <li>Being Different</li> <li>Money</li> </ul> | Most children will be able to (working at) | yet be able to(working | Some children are confidently able to (exceeding) |
| Debating                 | <ul> <li>To be able to actively listen<br/>to contributions and<br/>comment</li> <li>For children to be able to<br/>form their own opinion</li> </ul>  | <ul><li>Class guidance</li><li>Role play</li><li>Group work</li></ul>   |  |  |   |  |                        |   |
| Reflecting               | To be able to think about<br>similarities and differences<br>between self and others   | <ul> <li>Class activities</li> <li>Meditation and quiet/calm time opportunities</li> </ul>  |  |  | <ul> <li>Keeping Well and Clean</li> <li>My Friendships</li> <li>The Environment</li> </ul>                             |  |                        |   |
| Exploring                | <ul> <li>To be able to think of questions relating to a certain topic</li> <li>To recognise how their behaviour affects other people</li> <li>To be able to recognise and name different feelings</li> </ul>   | <ul> <li>Variety of visual<br/>stimulus</li> <li>Research using<br/>given websites and<br/>researching finding<br/>own information</li> </ul>                           |  |  |   |  |                        |   |
| Critically<br>Evaluating | Critically evaluating choices and behaviour  | <ul> <li>Observational<br/>opportunities to be<br/>part of each lesson</li> </ul>   | <ul> <li>To recognise what is fair<br/>and unfair, kind and<br/>unkind, what is right</li> </ul>   |  | TERM3:  • Keeping Safe  • My Family   |  |                        |   |
| SMSC                     | <ul> <li>Exploring different faiths and cultures</li> <li>Resolving conflicts should they arise</li> <li>Working with others from a variety of different religious, ethnic and socioeconomic backgrounds</li> <li>Use of imagination and creativity</li> </ul> | <ul> <li>Planned opportunities for cross curricular exploration</li> <li>Opportunities for reflection and discussion</li> <li>Resources displaying diversity</li> </ul> | <ul> <li>To recognise when people are being unkind either to them or others, how to respond, who to tell and what to say.</li> <li>To recognize that household products, including medicines, can be harmful if not used properly</li> <li>To know how to take care of ourselves on a daily basis, e.g. brushing teeth and hair, hand washing</li> </ul>   |  | <ul> <li>My Family</li> <li>Losing and Finding</li> <li>Looking after myself</li> </ul>                                 |  |                        |   |