

	Autumn			Spring			Summer		
	Health and Wellbeing	Relationships	Living in the Wider World	Health and Wellbeing	Relationships	Living in the Wider World	Health and Wellbeing	Relationships	Living in the Wider World
Y1	Awareness of Feelings	All about Me	Being Different Money	Keeping Well and Clean	My Friendships	The Environment	Keeping Safe	My Family Losing and Finding	Looking After Myself
Y2	Emotions and Feelings Healthy People	All About My Feelings	Money, shopping and saving	Keeping Safe	Making and Breaking Friendships	Special days	All about my body	Exploring our families	Global Food
Y3	Emotions and Feelings	Peer influence/pressure	Me and my community	Healthy Lifestyles	Safe Relationships	Where do things come from?	Smoking Basic First aid Keeping Safe	Different families	Aspirations
Y4	Mental Health and Wellbeing	Persuasion and pressure	Rights and responsibilities Media and Me	Healthy Lifestyles	Friendships / Inclusion	Local Community – shared responsibilities	Growing and Changing Drug Education - Alcohol and Decision making	Types of relationships	Aspirations Managing Money
Y5	Mental Health and Wellbeing Personal Safety	Self-respect and personal goals Being Left out	Stereotypes and Diversity	Healthy lifestyles	Friendships and Coping with Bullying	Working together and aspirations Media literacy and digital resilience	Puberty Drug Education – Legal and Illegal Drugs	Relationships	What makes a Democracy? Money
Y6	Mental Health and Wellbeing Healthy Lifestyles Drugs, risks and the media	Conflict Resolution	Protected Characteristics Celebration- supporting each other	Mental Health and Online Safety Moving on	Family Dynamics	Democracy and decisions Media literacy and digital resilience	Puberty and Relationships Sex Education	Relationships	Money and Me Aspirations, work and career