



Y1 PSHE overview 2022-23

PSHE Activity	Desired Skills	Approaches to Developing Skills	Desired Knowledge and Understanding	Approaches Developing Knowledge and Understanding	Curricula Materials	Assessed through (T1 T2 T3)		
						Listening Exploring	Debating Critically Evaluating	Reflecting Evaluating
Listening	<ul style="list-style-type: none"> To take it in turns when speaking To actively listen to classmate's contributions 	<ul style="list-style-type: none"> Class guidance Teacher led input Positive reinforcement 	<ul style="list-style-type: none"> Knowledge of school rules and an understanding why we have them An understanding of similarities and differences amongst us and our peers An understanding that we treat everyone with kindness and respect regardless of the way they look An understanding of the difference between adults who help and friends An awareness of personal space and why it is important An awareness of pedestrian safety To recognise what is fair and unfair, kind and unkind, what is right and wrong. To recognise when people are being unkind either to them or others, how to respond, who to tell and what to say. To recognize that household products, including medicines, can be harmful if not used properly To know how to take care of ourselves on a daily basis, e.g. brushing teeth and hair, hand washing 	<ul style="list-style-type: none"> Class teacher led presentations Group work-writing/drawing school rules together Role playing and modelling kind play Class differentiated tasks Concrete resources available to support understanding Use of outdoors when suitable 	TERM1: <ul style="list-style-type: none"> Awareness of Feelings All About Me Being Different Money TERM2: <ul style="list-style-type: none"> Keeping Well and Clean My Friendships The Environment TERM3: <ul style="list-style-type: none"> Keeping Safe My Family Losing and Finding Looking after myself 	Most children will be able to... (working at)	Some children will not yet be able to...(working towards)	Some children are confidently able to... (exceeding)
Debating	<ul style="list-style-type: none"> To be able to actively listen to contributions and comment For children to be able to form their own opinion 	<ul style="list-style-type: none"> Class guidance Role play Group work 						
Reflecting	<ul style="list-style-type: none"> To be able to think about similarities and differences between self and others 	<ul style="list-style-type: none"> Class activities Meditation and quiet/calm time opportunities 						
Exploring	<ul style="list-style-type: none"> To be able to think of questions relating to a certain topic To recognise how their behaviour affects other people To be able to recognise and name different feelings 	<ul style="list-style-type: none"> Variety of visual stimulus Research using given websites and researching finding own information 						
Critically Evaluating	<ul style="list-style-type: none"> Critically evaluating choices and behaviour 	<ul style="list-style-type: none"> Observational opportunities to be part of each lesson 						
SMSC	<ul style="list-style-type: none"> Exploring different faiths and cultures Resolving conflicts should they arise Working with others from a variety of different religious, ethnic and socioeconomic backgrounds Use of imagination and creativity 	<ul style="list-style-type: none"> Planned opportunities for cross curricular exploration Opportunities for reflection and discussion Resources displaying diversity 						