PE Activity	Building Skills and Disciplinary Knowledge	Approaches to	Building Substantive Knowledge	Approaches to Developing	Curricula Materials	Ass	sessed through (T1 T2 T3)	
	5	Developing Skills and	and Understanding	Substantive Knowledge and		Developing and Mastering		
		Disciplinary Knowledge		Understanding				
		Disciplinary Knowicage		_		Compe	ing and Collaborating	
						Improvising Performing and Evaluating Healthy Life style Choices		
Developing	Master basic movements including running,	Teacher-lead input	Knowledge of how to use a variety	Teacher lead input	TERM1:	Most children will be able	Some children will not Some children are	
and	jumping, throwing and catching, as well as	Modelled techniques	of equipment effectively	Observing expertise in	Invasion Games:	to (working at)	yet be able to (working towards) confidently able to (exceeding)	
mastering	developing balance, agility and co-ordination,	Observation from	,	professionals	attack and defence:		(exceeding)	
variety of	and begin to apply these in a range of	professional film	Knowledge of how to manoeuvre	Opportunities for trial and	Football; Basketball;			
movements	activities	footage	body efficiently to master basic	error	Hockey			
		S	movements	Instruction from masters	Skills of evading			
Competing	Engage in competitive (both against self and	Planned activities			within boundaries Skills of navigating			
and	against others) and co-operative physical	requiring collaboration	• Understanding of how to work in a		around and between			
collaborating	activities, in a range of increasingly	and competition	team for a specific goal/aim		more than one player			
	challenging situations	• Set expectations of			Skills of blocking two			
		sportsmanship	Knowledge of fair play and respect		invaders			
Improvising	Improvise with a variety of bought and	Planned opportunities	Knowledge of how to follow rules	Opportunities to follow	TERM2:			
	natural equipment	for improvisation	for a sports game	instructions set by masters	Net and Wall games-			
	Improvise with body parts	Observation of masters		in a sport	basic skills and			
	Improvise with collaborating group	in this field	Knowledge of how to stay actively	Observation of others and	techniques: Tennis;			
Performance	Compose own activity following written	Opportunities for	fit, why this is important, and	discussion around	Badminton			
and	instruction	performance and	understanding of healthy life	evaluation of a performance	Skills of aiming and			
evaluating	Compose for an audience	audience planned for	choices (drugs, substance abuse	permanent ar a permannan	targeting			
performance	Compose for a range of equipment	end of lesson or topic	on a basic level)		(throws/bounces) while travelling;			
periormanee	Compose for a range of equipment	focus	·		varying size of			
		10003			apparatus			
					Skills of aiming and			
					targeting with a			
					racket			
					Striking and Fielding-			
					basic skills and			
					techniques: Cricket; Rounders			
					Skills of targeting and			
					fielding			
					throwing/rolling			
					while travelling			
Healthy life	Understanding how to be physically confident	Delivery of		Discussion, debate and	TERM3:			
Choices	in a way which supports their health and	expectations and		opportunities to listen to	Athletics and Fitness:			
	fitness in life	monitoring of		professionals talk through	Building stamina and			
		adherence to set		life choices	endurance			
		expectations as		<ul> <li>Exposure to solid material</li> </ul>	Simple obstacles included in lap, timed			
		discussed as a		on these topics	and paced routines			
		team/class/school		Teacher-lead discussion	Gymnastics&			
SMSC	Working with others of different religious,	<ul> <li>Planned opportunities</li> </ul>		around fitness, substance in-	Dance: Control,			
	ethnic and socioeconomic backgrounds,	for cross curricular		take	rhythm and			
	according to given briefs wider knowledge of	exploration		<ul> <li>Setting of high expectations</li> </ul>	performance-group			
	Y2 PE curriculum	<ul> <li>Set expectations of</li> </ul>		<ul> <li>Planning for insight into and</li> </ul>	collaboration			
	Resolve conflicts and differing opinions should	conduct in activities		exploration of variety of				
	these arise	<ul> <li>Planned range of</li> </ul>		cultural backgrounds				
	Enjoyment and relaxation PE can offer	cultural and traditional						

Use of imagination and creativity	activities to introduce			
Reflect on tasks	children to variety			
<ul> <li>Investigating and offering views on ethical</li> </ul>	<ul> <li>Opportunities for</li> </ul>			
issues in PE topics studied (dress;	reflection and			
competition)	discussion			
<ul> <li>Opportunities to and willingness to explore</li> </ul>				
and understand PE from a variety of cultural				
backgrounds				
2024				<u> </u>